# Do's & Don'ts

#### Lab Attendance

Lab attendance is mandatory and there are no make-up labs. A family crisis or severe illness requiring attention from the infirmary and prohibiting you from all your coursework are acceptable reasons for missing lab and every effort will be made to accommodate you in these exceptional circumstances.

## Things to Do

- Be on time. At the start of the lab period, there will be a short introduction to the experiment you will perform that day. It is unfair to your partner and to others in the lab if you are not up to speed when the work begins.
- Inform the instructor and/or TA if there is a problem. You will have their immediate attention if you have cut yourself (even if you consider it minor), if something broke and needs cleaning up, or if you are on fire.
- Be aware of all the safety devices. Even though the instructor and TA will take care of emergencies, you should know where to find the first aid kit, the chemical spill kit, the eye wash and the safety shower.
- 4. Keep clutter to a minimum. There is a coat rack to hang your jackets and there are empty cabinets to store your backpacks. Anything left in the aisles is likely to be stepped on and is a hazard to everyone.
- Wash your hands before you leave the lab for the day.
- Be aware of others in the lab. Areas of the room may be crowded at times and you should take care not to disturb the experiments of others in the lab.
- Bring your lab notebook and an open mind to every lab meeting.

# Things Not to Do

- 1. Do not eat, drink, chew gum, smoke or apply cosmetics in the lab. Just being in lab makes your hands dirtier than you can imagine and you don't want to accidentally eat any reagent (see item 5 on 'things to do' list).
- 2. Do not put pieces of lab equipment in your mouth. It sounds obvious but you'd be surprised!
- Do not work with chemicals until you are sure of their safe handling.
  This includes some awareness of their flammability, reactivity, toxicity, and disposal.
- 4. Do not use the phone or computer with gloves on your hands.

# Lab Safety Do's & Don'ts

### LAB DOS

- Know the location of all safety and emergency equipment used in the lab.
- 2. Know fire drill procedures and locations of all exits.
- 3. Know the location of the closest telephone.
- Familiarize yourself with all lab procedures before doing the lab exercise.
- Report ALL accidents, hazards or chemical spills to the instructor (no matter how small).
- 6. Keep you work area clean and clutter free.
- Tie back all long hair and remove dangling jewelry during lab.
- Always be sure that electrical equipment is turned in the "off" position before plugging it into a socket.
- 9. Handle all animals with care (B. Pharm. / M Pharm.)
- 10. Use extreme care when handling sharp objects.
- Dispose of all chemicals, broken glass and other lab materials into the proper containers as directed by the instructor.
- When heating liquids in a test tube, always point the test tube away from other students.
- Keep all materials away from open flames.

### LAB DON'TS

- 1. NEVER experiment on your own.
- Do not eat or drink in the lab room at any time (other than permitted by instructor).
- Do not chew gum or eat candy during lab exercises.
- NEVER add water to an acid.
- Do not wear contacts in the lab without proper eye protection.
- NEVER smell, taste or touch chemicals.
- 7. NEVER work in the lab alone.
- NEVER use electrical equipment around water.
- NEVER mix chemicals before asking the instructor.
- NEVER return unused chemicals to the original container.
- Absolutely NO HORSEPLAY is allowed in the lab area!
- NEVER leave the lab are without washing your hands.